



QSMC
QUEENSLAND SPORTS MEDICINE CENTRE

t. (07) 3891 2000
f. (07) 3891 2011
e. reception@qsmc.net.au
a. Hyundai Centre, Ground Level, Gate 2,
The Gabba, 812 Stanley Street, Woolloongabba, 4102
qsmc.net.au

ALLIED HEALTH SERVICES REFERRAL

Date _____

Referred to _____

Patient _____

Diagnosis _____

Comments

I deem this referral necessary

Physician or Health Professional _____

Printed name _____ Phone number _____

ADVANCING ABILITY

- Physiotherapy / Sports Physiotherapy
- Exercise Physiology *(at Aspire Fitness and Rehabilitation)*
- Dietician
- Podiatrist
- Psychologist
- Remedial Massage Therapy

- Doctor/Physician
- Physiotherapist
- Specialist
- Other Health Professional



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At Queensland Sports Medicine Centre (QSMC) and Aspire Fitness and Rehabilitation (Aspire) we are dedicated to improving the health and wellbeing of all our clients. We provide the full spectrum of rehabilitation services from acute injury and illness through to return to your sport and activity, or whatever goal is important to you. Whether you are suffering chronic pain or illness, or an elite athlete looking to improve your performance, we have a range of medical and allied health practitioners to help you achieve the best outcome. We specialise in:

- Physiotherapy
- Sports Physiotherapy
- Exercise Physiology

Our other allied health services include:

- Sports Medicine
- Podiatry
- Orthopaedic Surgery
- Sports Psychology
- Sports Nutrition
- Acupuncture
- Remedial Massage Therapy

What is a Physiotherapist?

Using advanced techniques and evidence-based care, physiotherapists assess, diagnose, treat and prevent a wide range of health conditions and movement disorders. Physiotherapy helps repair damage, reduce stiffness and pain, increase mobility and improve quality of life. With a number of Physiotherapists and Sports Physiotherapists operating out of our clinic, we have practitioners to treat every body. Whether you are suffering chronic pain or illness or an elite athlete looking to improve your performance we have a practitioner to take care of you.

What is an Accredited Exercise Physiologist?

An Accredited Exercise Physiologist (AEP) is an allied health professional with the highest level of training for prescribing exercise to individuals. AEPs hold, at a minimum, a 4-year bachelor degree which equips AEPs with the knowledge, skills and competencies to evaluate, design and deliver safe and effective exercise interventions for people who have acute, sub-acute or chronic medical conditions, injuries and/or disabilities.

Accredited Exercise Physiology services are recognised by almost all private health funds.

